

New Groups This Fall from TeamBuilders Counseling Services

Seeking Safety: A group for parents

Thursdays 1:00-2:30 beginning October 6th-December 8th

Every other Thursday: 10/6, 10/20, 11/3, 11/17, 12/8

“Seeking safety” refers to helping parents free themselves from such negative behaviors and, in so doing, to move towards freeing themselves from trauma at a deep emotional level.

Seeking Safety: A group for Bonem Home

Thursdays 4:00-5:30 beginning October 6th-December 8th

Every other Thursday: 10/6, 10/20, 11/3, 11/17, 12/8

This group is for Bonem Home attendees’, for the purpose of self-esteem building and past trauma experiences.

Join these action oriented psycho-educational groups, by contacting
Anna Fernandez at annafernandez1987@yahoo.com or
Rebekah Hodge at rhodge@teambuilders-counseling.org
Or by calling 575-742-2620, say you want to join Seeking Safety group today

Portales, enroll by September 28th 2001!