

New Groups This Fall from TeamBuilders Counseling Services

Seeking Safety: A group for parents

Thursdays 1:00-2:30 beginning September 29th-December 1st

Every other Thursday: 9/29, 10/13, 10/27, 11/10, 12/1

“Seeking safety” refers to helping parents free themselves from such negative behaviors and, in so doing, to move towards freeing themselves from trauma at a deep emotional level.

Seeking Safety: A group for adolescents.

Thursdays 4:00-5:30 beginning September 29th-December 1st

Every other Thursday: 9/29, 10/13, 10/27, 11/10, 12/1

This group would be best fit for adolescents, 7-12 year olds, for the purpose of self-esteem building and past trauma experiences.

Join these action oriented psycho-educational groups, by contacting
Anna Fernandez at annafernandez1987@yahoo.com or
Rebekah Hodge at rhodge@teambuilders-counseling.org
Or by calling 575-742-2620, say you want to join Seeking Safety group today

Clovis, enroll by September 28, 2011!

